## $\bigcirc$ Mr. $\bigcirc$ Mrs. $\bigcirc$ Ms.

Dear guest, as we aim to provide you with the best services and amenities, kindly fill out this digital questionnaire by simply clicking or typing the box related to your preferred choices.

## YOUR STAY

Please indicate the desired size for your bathrobe and slippers:

Bathrobe	Small	OMedium	CLarge	🔘 Extra Large
Slippers	38-39	O 40-41	<u> </u>	<u> </u>

When possible, we will organise your programme with your preferred communication with the Medical and Spa Team.

Please specify the language:

German	🔘 English	🔘 Russian	🔵 Italian	◯ French

## YOUR ARRIVAL

On the Check-in day, the rooms are available as of 3.00 pm. Your Expected Arrival Time:

The Nutritional Plan of Chenot Programmes starts with a dinner on the arrival date.

All the Treatments in the Chenot Programme start from the morning after your arrival day. Which extra treatments would you like us to schedule for your arrival date?

) Full Hydrotherapy

Chenot Energetic Massage

- Others (Please specify)
- ) No extra treatment on arrival



To inform your responsible Doctor in advance, we would like to ask you to fill-out the below:

Please indicate your blood type:

⊖A+	⊖B+	<b>O</b> +	O AB+	
⊖A-	⊖В-	O-	OAB-	
-	ave any kino ase specify	d of allergy: r:	⊖ Yes	🔿 No

Our Treatments are available every day from 8.00 am until 6.00 pm.

If you have any preferences on when you would like to start or finish your daily treatments during your programme, please specify.

If you have any preferences for the therapist's gender, please specify.

No preferences
Male
Female



You are welcome to book additional treatments to enhance your Chenot experience and support your chosen Programme.

(Extra treatments are not included in your Programme and must be paid separately)

All the extra treatments from my previous v	isit	
Additional Chenot Energetic Massage	C Every Day	C Every Other Day
Personal Trainer	C Every Day	C Every Other Day
Other Body Treatment (please specify)		N°
Facial Treatment (please specify)		N°
Advanced Technology Treatments (please specify)		N°
Other (please specify)		N°
Medical Aesthetic Consultation	◯ Yes	◯ No

Please refer to the Spa Menu attached for further information on our treatments. If you had any recent blood test or any medical exams, please bring them with you to be reviewed during the Medical Consultation.

For further requests or information on your Programme Schedule, please call our direct number +41 41 255 21 63 or send an email to planning@chenotpalaceweggis.com.