

Wellness Rituals

Complimentary wellness experiences for **guests**.
Book your ceremony.

MONDAY

8:00-8:45	MORNING WALK	HALL HOTEL [👤]
9:00-9:30	MORNING YOGA	WINTER GARDEN [👤]
11:00-11:15	RELAX VISAGE	RELAXATION ROOM 1 ST FLOOR
12:00-12:15	MUD MASK	ARGILLARIUM
14:00-14:15	SOUND BATH	RELAXATION ROOM 1 ST FLOOR
15:00-15:30	ACQUA FLOW	OCTAGONAL POOL
16:15-16:30	SOUND BATH	RELAXATION ROOM 1 ST FLOOR
17:00-17:50	YOGA	WINTER GARDEN [👤]
18:00-18:15	RELAX VISAGE	CLUB FIREPLACE LOUNGE

TUESDAY

8:00-8:45	MORNING WALK	HALL HOTEL [👤]
9:00-9:30	MORNING YOGA	WINTER GARDEN [👤]
11:00-11:30	RELAX VISAGE	RELAXATION ROOM 1 ST FLOOR
12:00-12:15	MEDITATION	RELAXATION ROOM 1 ST FLOOR
14:00-14:15	SOUND BATH	RELAXATION ROOM 1 ST FLOOR
15:00-15:30	ACQUA FLOW	OCTAGONAL POOL
16:00-17:00	YOGA	WINTER GARDEN [👤]

WEDNESDAY - SUNDAY

8:00-8:45	MORNING WALK	HALL HOTEL [👤]
9:00-9:30	YOGA (THU+SAT)	WINTER GARDEN [👤]
9:00-9:30	WATER YOGA (WED+FRI+SUN)	NATURAL HOT SPRING [👤]
11:00-11:30	RELAX VISAGE	RELAXATION ROOM 1 ST FLOOR
12:00-12:15	LOYLY EXPERIENCE	HOT SPRING POOLS SAUNA
14:00-14:15	SOUND BATH	RELAXATION ROOM 1 ST FLOOR
14:30-14:45	MEDITATION	RELAXATION ROOM 1 ST FLOOR
15:00-15:30	ACQUA FLOW	OCTAGONAL POOL
16:00-17:00	YOGA/MEDITATION	WINTER GARDEN [👤]
16:15-16:30	SOUND BATH	RELAXATION ROOM 1 ST FLOOR
18:00-18:15	LOYLY EXPERIENCE	CLUB SAUNA

FRIDAY SPECIAL

19:00-19:30	SOUND BATH	NATURAL HOT SPRING [👤]
22:00-22:30	SOUND BATH BY NIGHT	NATURAL HOT SPRING [👤]
Until 24:00	BATH UNDER THE STARS	NATURAL HOT SPRING [👤]

[👤] RESERVED FOR RESORT GUESTS



NATURAL DESTINATION

CEREMONIES MAY VARY.